



# AUTHOR TALKS

*featuring local author Jana Sipe Berndt*

· Jana Sipe Berndt is the blessed mother of three adult children, dog mom to an adorable naughty golden retriever, friend to anyone who can keep up with her fast-paced walks, and talented musician seated most often at the piano.

She spent the last thirty-five years as a banker, advisor, and friend to many in her small northern Minnesota community. For much of her career, Jana served on numerous community and non-profit boards.

Her life was very normal...until one day it wasn't. Widowed at fifty-two, she was faced with a future she never asked for, didn't want, and certainly didn't foresee.

Jana's honest, faith-filled storytelling will encourage, comfort, and inspire you to build resilience in your personal quest towards a more joy-filled life. Finding Norm will leave you with hope that a new "norm" is possible and worth finding!



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